

**Lab No.:**\_\_\_\_\_

**P.O. No.: 20010510**

## **PRODUCTS EFFICACY**

# ***LABORATORY REPORT***



**Test Unit:**

**Dept. of Pharmacology  
School of Pharmaceutical Science  
Jilin University  
8 Xinmin St.  
Changchun, JiLin, China**



**Sponsor:**

**Hamida Pharma, Inc.  
15041 Bake Pkwy, #E  
Irvine, CA92618  
U.S.A.**

**TEST TITLE:**

**ACUTE ANTI-INFLAMMATORY EFFICACY STUDY OF ARTHRITOL  
(CARRAGENAN-INDUCED SWELLING TEST)**

**TEST ARTICLE: ARTHRITOL**

**Source:** Hamida Pharma, Inc., USA

**Identification No.:** AR-1003

**STUDY & SUPERVISORY PERSONNEL:**

Shaochun Qu, Xiaofeng Yu, Dayuan Sui

**STUDY DIRECTOR:**

Xiaofeng Yu, B.M. \_\_\_\_\_

Date: May, 2002

Study director

**APPROVED BY:**

Prof. Dr. Dayuan Sui \_\_\_\_\_

Date: May, 2002

Director of Dept. of Pharmacology

**ABSTRACT:**

Acute anti-inflammatory test of Arthritol on rats was carried out according to principles of traditional Chinese medicine study. Arthritol can inhibit swelling on rats' sub-plantar hind paw. The anti-inflammatory effect of Arthritol at the biggest dosage group can match that of Aspirin, and the period of anti-inflammatory effect of Arthritol lasts longer than that of Aspirin.

**OBJECT:** To evaluate the potential anti-inflammatory properties of Arthritol against the inflammatory action of carrageenan injected into the sub-plantar hind paw of a rat. This test is one of the standard methods for evaluating acute anti-inflammatory activity.

**TEST ARTICLE:**

Arthritol powder supplied by Hamida Pharma, Inc. of the United States.

Identification No.: AR-1003

**GENERAL SYSTEM PARAMETERS:****Animals:**

Species: Wistar rats

Source: Experimental Animal Center of Jilin University

Certificate: 10-5112

Sex: Male and Female

Age: No particular age was prescribed for this study

Body Weight Range: 180-220 gram

Acclimation Period: 2 days

Number of Animals: 50

Identification Method: fur coloring

**Animals Management:**

Husbandry: Conditions conformed to Standard Operating Procedures, which are based on the "Guide for the Care and Use of Laboratory Animals".

Food: NIH-07 Rodent diet was provided daily.

Water: Freely available, municipal water was delivered through an automatic watering system.

Contaminants: Reasonably expected contaminants in food or water supplies did not have the potential to influence the outcome of this test.

Housing: Animals were housed in groups of 10 per extract in stainless steel cages identified by a card indicating the animal numbers, test code, sex, animal code and date dosed.

Environmental: The room temperature was monitored daily. The temperature range for the room was within a range of 20-26°C. The room humidity was monitored daily. The humidity range for the room was 40-70%. The light cycle was controlled using an automatic timer (12 hours light, 12 hours dark.)

Facility: Pharmacology Lab of Basic School of Medical Science, Jilin University is registered with the Ministry of Public Health of PRC and conforms to GLP standards.

Personnel: Associates involved were appropriately qualified and trained.

Selection: Only healthy, previously unused animals were selected.

**Test System Justification:**

This test is a standard method for evaluation of acute anti-inflammatory activity and there is a good correlation to activity in man. Compounds working in this test may be considered to have activity comparable to non-steroidal anti-inflammatory drugs (NSDAIDs).

**METHOD:**

The 50 rats were randomly and equally distributed into 5 groups (10 rats/group), namely Vehicle Control Group and 1g/kg Group, 2g/kg Group, 4g/kg Group, which were separately equal to 5, 10, 20 times of clinical dosage (2g/60kg), and Aspirin 100mg/kg group. Each rat was administrated orally using an appropriate size needle and syringe, 1 time a day, 3 consecutive days. Before experiment right hind paw normal volume (ml) of each rat was measured using a plethysmoneter. 60 minutes later of last dosing, 0.1ml of a 1% suspension of carrageenan is injected into the sub-plantar region of right hind paw under aponeurosis. After injection in succeeding 1, 2, 4, 6 hour in the right hind paw, volume of each rat's right hind paw was measured using a plethysmometer. The difference of the hind paws volume before and after inflammatory action was swelling degree. Compare the swelling degree of each group.

## RESULTS:

Arthritol can obviously decrease paw volume of rat compared with control group. The difference is statistically significant ( $p<0.05$ ,  $p<0.01$ ). Otherwise, 4g/kg group showed the anti-inflammatory efficacy that matches that of Aspirin, and the effective period lasts longer than Aspirin. (See table 1)

## CONCLUSION:

A statistically significant decrease in the paw volume in treated rats by Arthritol compared to that of vehicle control is considered that Arthritol have anti-inflammatory activity superior to non-steroidal anti-inflammatory drugs (NSDAIDs), such as Aspirin.

## RECORD STORAGE:

All original data pertaining to this study and a copy of the final report are to be retained in Dept. of Pharmacology, Basic School of Medical Science, Jilin University of China.

**Table 1. Effect of Arthritol on rats' hind paws swelling** (n=10,  $\bar{x} \pm s$ )

Group	Before injection of Carrageenan Volume of Paw (ml)	After injection of Carrageenan Volume of Paw			
		1h	2h	4h	6h
Control	$1.10 \pm 0.08$	$0.42 \pm 0.14$	$0.66 \pm 0.18$	$0.54 \pm 0.15$	$0.33 \pm 0.14$
Aspirin	$1.12 \pm 0.09$	$0.29 \pm 0.10^*$	$0.40 \pm 0.17^{**}$	$0.29 \pm 0.16^{**}$	$0.21 \pm 0.13$
ARTHRITOL					
1g/kg	$1.08 \pm 0.05$	$0.35 \pm 0.14$	$0.48 \pm 0.16^*$	$0.39 \pm 0.15^*$	$0.30 \pm 0.14$
2g/kg	$1.10 \pm 0.07$	$0.30 \pm 0.09^*$	$0.43 \pm 0.10^{**}$	$0.35 \pm 0.16^*$	$0.25 \pm 0.17$
4g/kg	$1.11 \pm 0.09$	$0.27 \pm 0.15^*$	$0.42 \pm 0.12^{**}$	$0.32 \pm 0.15^{**}$	$0.19 \pm 0.13^*$

Compare with Control group,  $p<0.05$ ,  $^{**}p<0.01$